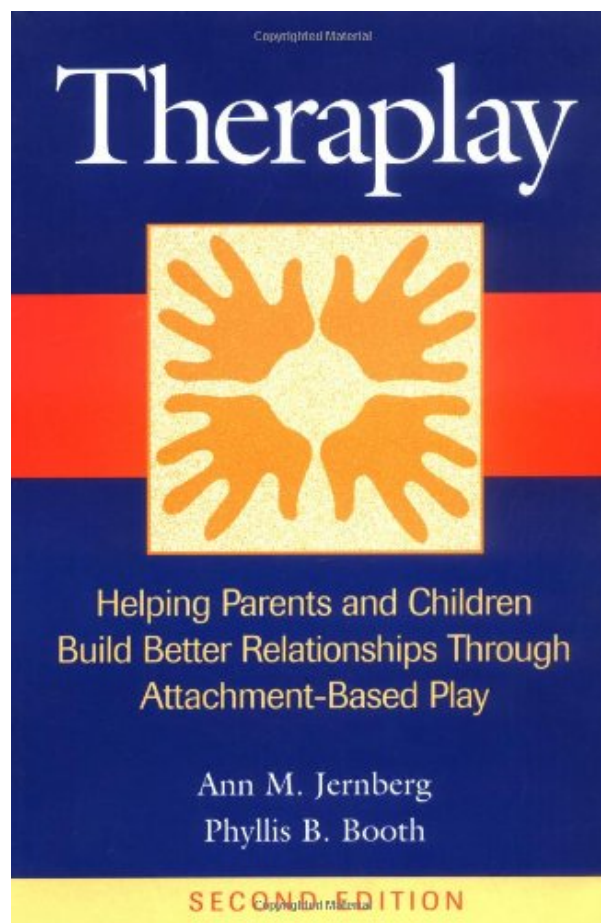


**THERAPLAY: HELPING PARENTS AND
CHILDREN BUILD BETTER
RELATIONSHIPS THROUGH
ATTACHMENT-BASED PLAY BY ANN M.
JERNBERG, PHYLLIS B. BOOTH**



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Theraplay



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Ann M. Jernberg
Phyllis B. Booth

SECOND EDITION

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Review

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Increasing a child's competence and trust

Attachment-based play can help build the intimacy that creates the healthy parent-child interactions that are so vital to a child's development. This is especially true for children who are troubled by emotional or learning difficulties. The thoroughly revised second edition of the author's classic work *Theraplay* offers clear, easily understood guidelines for professionals and parents to a dynamic and proven approach for treating children with attachment and relationship problems.

Based on the work of the founder of the renowned Theraplay Institute in Chicago, this new book explores how to use play to communicate love and authority and shows how this effective form of treatment increases a child's competence and trust. A comprehensive resource, the book offers effective techniques for working with special populations including children who have been adopted or are in foster care, victims of trauma or abuse, and youngsters with autism or attention deficit hyperactivity disorder. Written in a clear and instructive style, *Theraplay* is an excellent guide for both parents and professionals who work with children.

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- Binding: Paperback
- 464 pages

Features

- Used Book in Good Condition

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Most helpful customer reviews

81 of 82 people found the following review helpful.

A book to refer back to again and again!

By Karen L. Buckwalter

I can not say enough positive things about this outstanding book. As a child therapist, who works with many children in the foster care system and increasing numbers of adopted children, Theraplay has become the single most important tool in my repertoire of therapy modalities. It is very exciting to find a method of working with children that offers practical and impactful strategies to try, which are very different from what you may already be doing. I have also attended the Theraplay trainings at the Theraplay Institute in Chicago and am near completion of the Theraplay Certification process. Even if I am not using Theraplay with a particular child, the foundation and understanding of attachment that this model has given me pervade my work. Parents of children that I am using Theraplay with often report dramatic progress in their child's behavior and attachment to them in a short period of time. One father of an internationally adopted child that I am using Theraplay with said it best. He stated, "We finally came to realize that our child was not going to be able to fully benefit from all the supportive services we were taking him to (including occupational therapy, speech therapy, and physical therapy) until he was able to form an attachment with us. Theraplay has allowed that attachment to form and we are now seeing much more progress in other areas of development."

The model of using parents as co-therapists, as presented in the book, is very empowering to parents and the parents I use Theraplay with have many positive comments to say about this. One foster/adoptive mother recently told me she thinks that every foster or adoptive parent should be required to learn Theraplay. She adds "It has given me a whole new understanding of my adopted children and their needs."

Theraplay is not only useful for children with attachment and bonding difficulties, but I have found it particularly useful for children diagnosed with ADHD and Oppositional Defiant Disorder. This is a comprehensive book that you will refer back to again and again.

1 of 1 people found the following review helpful.

Great book for foster parents

By Kaygarbonzo

The book is written for professionals (social workers/psychologists) but as a foster parent I found the book well laid out and full of great, practical activities to foster bonding. The vignettes were enlightening and reaffirmed the importance of that special attachment.

0 of 1 people found the following review helpful.

great book. I you liked the theme, go to Guadalupe Amescua, Psicoterapia Relacional Infantil, the Gestalt approach.

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