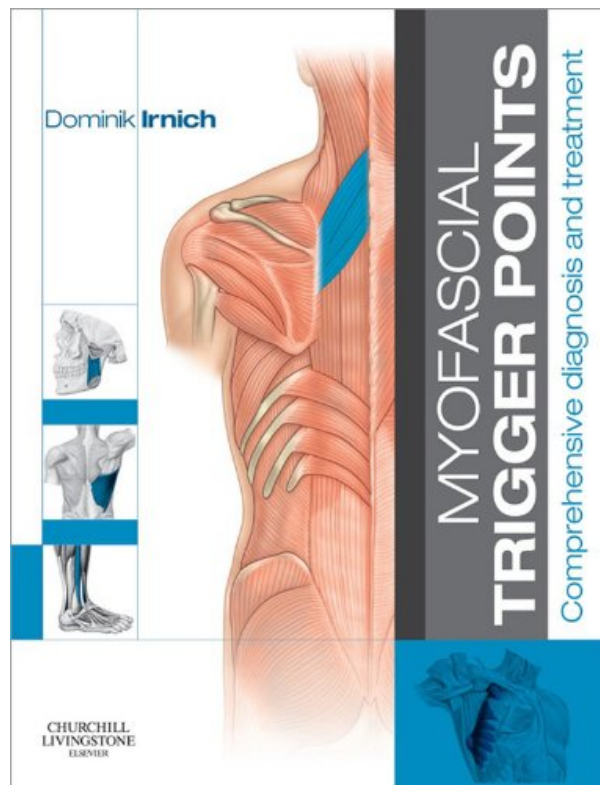
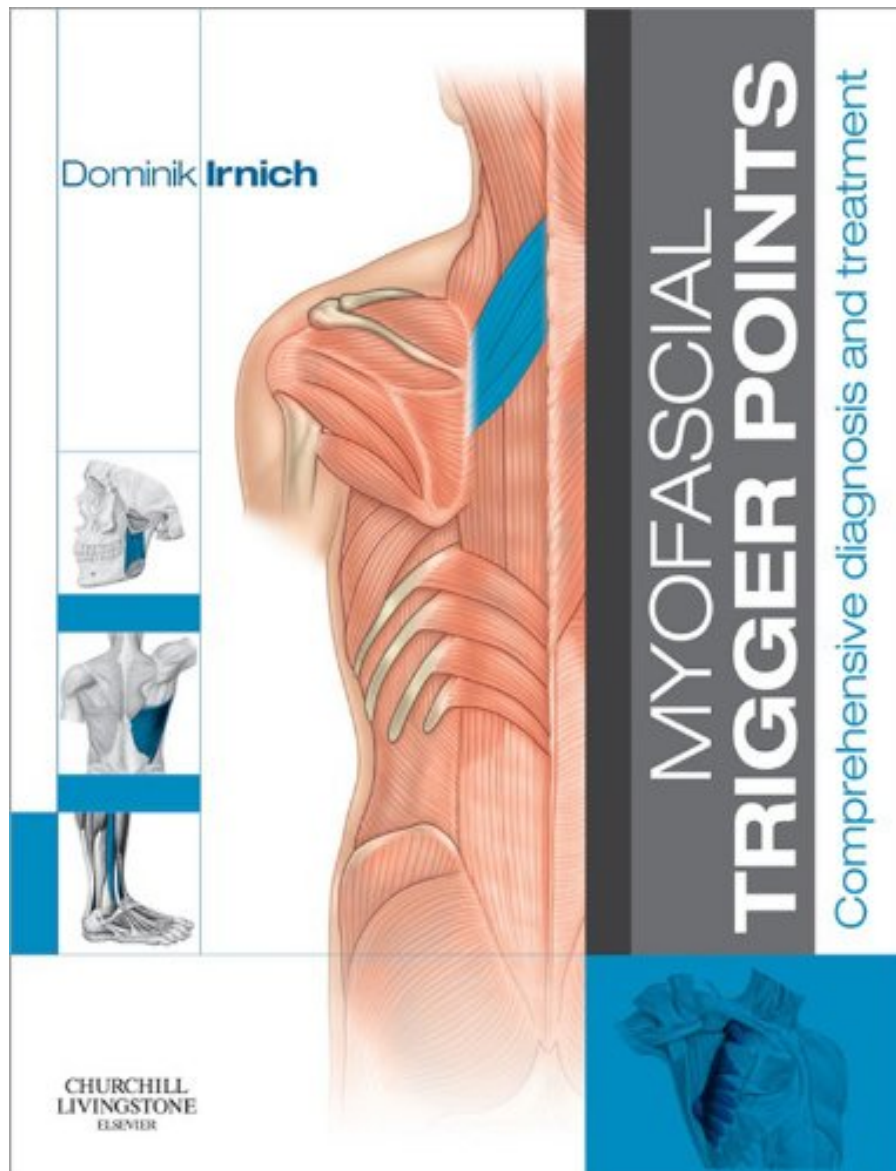


MYOFASCIAL TRIGGER POINTS: COMPREHENSIVE DIAGNOSIS AND TREATMENT BY DOMINIK IRNICH



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Review

"Myofascia has been quite a buzz word in recent times and there has been much written about the understandings and treatment methods for these 'newly (re) discovered' structures. My main concern was that some of these text lacked an in depth understanding of the subject and did little to explain how fascia fitted into the clinical puzzle. I'm happy to say that this book is excellent and addresses all my concerns! The first few chapters explain the terminology, physiology and anatomy as well as aetiology and pathophysiology of myofascial trigger points." Reviewed by InTouch (Physio First's journal) , Jan 2015

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Myofascial Trigger Points: Comprehensive Diagnosis and Treatment

examines all aspects of muscle physiology and the pathogenesis of myofascial pain. The book provides valuable advice on diagnosis and differential diagnosis and contains detailed, practice-oriented information and numerous illustrations of the various therapeutic procedures for the treatment of myofascial trigger points.

Prepared by experts from throughout the world, Myofascial Trigger Points: Comprehensive Diagnosis and Treatment will be ideal for all manual therapists, physiotherapists, osteopathic physicians, osteopaths, chiropractors, acupuncturists, massage therapists and naturopaths.

About the Author

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- Offers practical and clinically relevant information to all practitioners and therapists working in the field
 - Edited by an international expert in pain management and trigger point therapy
 - Abundant use of pull-out boxes, line artwork, photographs and tables facilitates ease of understanding
 - Carefully prepared by a worldwide team of clinically active and research oriented contributors to provide helpful and clinically relevant information
 - Presents the latest research findings for many aspects of trigger point therapy
 - Provides a holistic view of patient care including the importance of patient communication and psychological aspects of pain control
 - Provides a handy reference for rapid and effective diagnosis and treatment of trigger points
 - Highlights the 65 most important muscles in a comprehensive practical style which includes anatomy, symptoms, pain patterns, physical examination and strategies for effective treatment
 - Offers an ideal resource for training courses in trigger point injection, osteopathy, manual therapy and acupuncture
 - Suitable for osteopathic physicians, osteopaths, chiropractors, manual therapists, acupuncturists and massage therapists as well as general physicians working in primary care, physical medicine, rehabilitation, pain management and internal medicine
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